

POVERTY CHALLENGE GUIDELINES

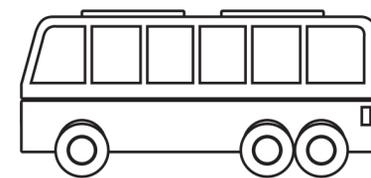
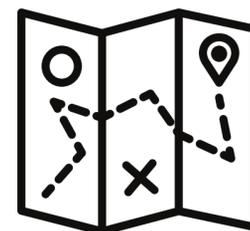
General Overview



COMMUNITY
TOGETHER TO
END POVERTY
HW-NUTS'-ULWUM

Introduction & Purpose:

- The purpose of these challenges is to give those who do not live in poverty an opportunity to experience, in a small way, some of the challenges and limitations those who do live in poverty experience on a daily basis.
- The circumstances of everyone will vary. We look forward to sharing a discussion around how these challenges impacted your day-to-day planning and decision making, and consider solutions to how we can address these challenges locally.
- We encourage you to keep a reflective journal of your experience and bring it with you to the virtual debrief session on Friday, April 9, 2021 from 12pm to 1:30pm.



COVID-19 Disclaimer: During the COVID-19 pandemic, we ask that you are extra careful while completing your Poverty Challenges. Your safety is most important. It is recommended that you complete your challenges only with members of your household bubble and where possible, limit in-person interactions. If you do encounter others, maintain a distance of 6 feet, wear a mask and use hand sanitizer when entering and exiting establishments. Please follow the Provincial Government's current [Public Health Orders](#) at all times.

About the Project:

In 2019, the Province of British Columbia (BC) released its poverty reduction strategy: [TogetherBC: British Columbia's Poverty Reduction Strategy](#). The strategy sets targets to reduce overall poverty in BC by at least 25%, and the child poverty rate by at least 50%, by 2024.

The Province has provided \$5 million over three years through the Poverty Reduction Planning & Action program to support local governments in helping to reduce poverty. As a result of this funding, the Town of Ladysmith received a grant to develop a plan, in partnership with Social Planning Cowichan and a Working Group of community partners, that sets both priority actions on poverty reduction and identifies actions specific to the needs of Ladysmith and Stz'uminus residents.

With your involvement, we can look directly at issues of poverty in our community and together create an action plan to help make a difference for those in our community needing support. You can learn more about the project [here](#).

NO WHERE TO GO CHALLENGE GUIDELINES:

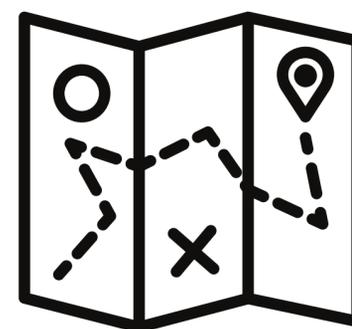
Goal: To spend 12 hours out in the community with nowhere to go.



Guidelines:

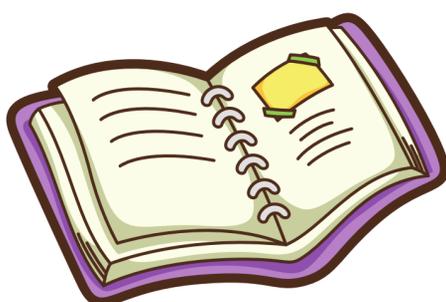
Choose any consecutive 12-hour period and hit the streets. We have provided a list of items and considerations about what to bring.

You are welcome to track your experience in the [12 Hour Nowhere to Go Reflective Journal](#) found [here](#).



Starting the challenge:

- Start and end each day with a full belly (this is equivalent to shelter meals available for breakfast and dinner).
- Think carefully about your footwear, dress modestly, wear weather appropriate clothing, and bring what you might need* including water.
- Bring \$5.40/day/person in exact change and carry an additional \$5.00 worth of snacks with you. (we recommend carrying cash to avoid temptations of spending extra).
- Bring your [12 Hour Nowhere to Go Reflective Journal](#) and a pen.



*Consider what it would be like to not have your regular comforts. This may include choosing not to bring a debit or credit card or additional conveniences or personal items like books, toothbrushes, etc. Throughout your experience, imagine what it would be like if you started your day in wet clothing, didn't have good walking shoes, etc.

Please Note:

We ask that you do not visit the Food Bank or Shelter for the purpose of this challenge.

Please [click here](#) to learn more information about these invaluable community services.